



In the Realm of the Feminine



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The Beach Girl and Her Stunning New Belongings

THE beach girl will be a distinct feature of attractive femininity this summer. She has always been a factor to be reckoned with at the seaside, but there is every reason to believe that she is going to be more prominently in the picture this season than ever before in her smiling, lovely existence. To achieve the distinction of being a beach beauty requires considerable artistic ability of a sartorial and scenic sort. She must be able to arrange the stage setting in an effective fashion, always taking into account the personal equation.

The beach girl, for example, must be very careful in the selection of her beach umbrella. Its canvas coloring must harmonize and not clash with her costume, for under the hospitable shade of this umbrella lady will hold her court on the sand. A lazy sand chair and perhaps a cozy rug for chilly mornings are requisites of the beach outfit.

Several sets of chair cushions will be absolutely necessary. Neutral tints, as a rule, are the safest to own but the beach girl will never forget the effectiveness of bright red silk cushions when she gracefully reclines in her sand chair gowned in dainty white from the top of her pretty little head to the tip of her well-heeled foot. As this is to be an "all white year," the red cushions are likely to play a large part in the beach picture.

And, in connection with white frocks, how do you like the white ratine gown among the illustrations? This little frock has the low armhole now fashionable for all outing costumes and the new sash, which has two short ends simply folded or lapped over the belt portion. White buckskin button boots make the frock very smart.

And in connection with footwear, sensible models for country and seashore wear are abroad this summer.



SENSIBLE WHITE FOOTWEAR AND (ABOVE) RATINE MORNING FROCK.

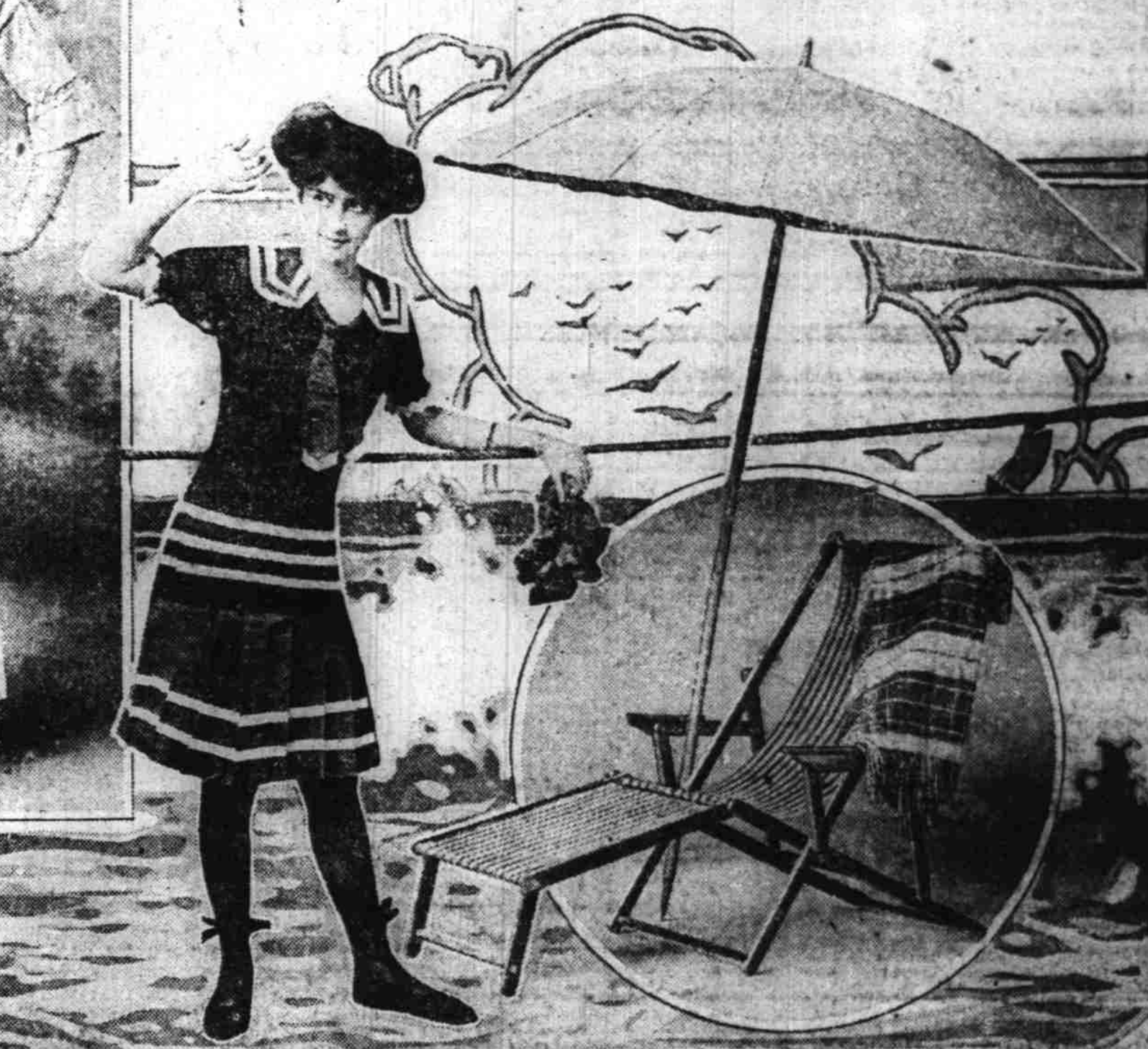
The pretty, high heeled pumps and buttoned boots which are so smart and trim with conventional garb may be sacrificed on the beach for canvas or buckskin ties, lacing high over the instep and having stout soles and low broad heels. The white shoe is so cool

and summery looking and is so easily kept spick and span that it is no trouble to wear it even if one has to be one's own maid.

Silk bathing suits will be in evidence this summer quite as much as they have been for the past few seasons.

And a clever girl I know, one of the beach beauties, has made for herself a stunning bathing suit out of an old ball gown. Clever, wasn't she? The frock was of white messaline, and the skirt was one of the tight "hobble" affairs that never could go in the wa-

THE UP TO DATE GIRL WILL HAVE
A JERSEY BATHING SUIT
THIS SUMMER



SOLID COMFORT ON THE BEACH.

But the wise beach girl is going to have a sturdy little knitted suit, no silk costumes for her. Heavy breakers that pull to pieces a silk bathing suit in no time at all have no effect on one of these knitted costumes. You can see for yourself how natty such a bathing suit is by glancing at the model pictured. Jersey and trunks are of knitted worsted, and the short, plaited skirt of mohair is strengthened by its stitched braid trimming. The collar formed a bib over a bodice of striped silk.

CATHERINE TALBOT.

WOMEN OF NEW YORK FORM LEAGUE TO HELP ECONOMIZE

The women of New York who are doing their part towards reducing the high cost of living organized less than two years ago into the "Housewives' League." The women go to the markets in person and buy the food for the table and select their own dress materials, etc. One of the ladies most active in this league is Mrs. Julian D. Heath who, on marketing days, takes a huge basket and buys her own meats and vegetables. In this way the women have made a big dent in the high cost of living in that city.

For many years the wealthy women in all of the cities have telephoned to the market and have ordered not only all of the food but have even phoned to the dry goods stores and have asked for a bolt of certain materials. The dressmaker then has cut off the amount needed—not always economically—and the remainder of the bolt has been returned to the store. The women have not inquired into the prices of anything but have bought whatever they wanted. Little things like this helped to raise the already high cost of living and the club women realizing the fact decided to "do their share towards reducing it." Mrs. Julian D. Heath was one of the first, if not the first woman, who went to the market and saw how the cost of living could be reduced. Her first experience was with a grocer. She went to buy some eggs and the two boxes were marked "Fresh Eggs." The prices however were different. One box was labeled fifty cents and the other sixty. She asked the reason for it and the salesman said nothing but that the eggs were fresh. Mrs. Heath remembered what a Chicago grocer had told her about the price of cold storage eggs and when she told this man that she knew that cold storage eggs were to be sold at thirty-six cents a dozen, the man looked at her in surprise, saying, "You may have them for thirty-six cents a dozen because you seem to know." That same day Mrs. Heath visited a number of other shops and wherever she went she remembered what the man had said. "You seem to know." She did know, and she told her friends. They went to market a number of

times and when they found how much was saved, they organized the Housewives' League of which Mrs. Heath is president. The organization is open to all housewives and is increasing rapidly in membership.

At one time the cold storage speculators decided to force the price of butter. The women heard of it and publicly announced that none of the members of the Housewives' League would buy butter if such a thing were done. It is needless to say that the league must have been large and influential for the price of butter was not raised. Housewives' Leagues have spread over the United States and are popular in all of the large cities.

In the year and a half that it has been in existence, the Housewives' League has accomplished much and its strength is daily increasing.

The Honolulu women should take such an organization into consideration. The women of this city are luxury-loving and leave much of their buying to the servants who for the most part are Orientals. Telephone shopping is very much in vogue and consequently the cost of living is high. There are so many little ways in which personal marketing would benefit the housewives of this city. It is not always the big things that make housekeeping expensive but the little necessities.

The Kilauea Club which has under it the Outdoor Circle that has done much toward making Honolulu more beautiful, might take up an organization similar to the one Mrs. Heath inspired and accomplish as much in a practical way as the Outdoor Circle has accomplished.

American and British military experts claim that the Bulgars worsened the Turks because of their frugal diet consisting mostly of cornmeal, as opposed to the "boukari" and cigarette-loving Turk.

Three Wellesley girls who "fell down" in their mid-year examinations were forced to buy goatees and wheel their sister students along the streets.

TRIED RECIPES

Put the liquor from one quart of oysters into a stew kettle. Add one cupful and one half well-washed rice and one small onion chopped fine and cook rapidly but without stirring until the rice is done. If the oyster liquor cooks away add hot water. When the rice is tender but not "mushy" put in the oysters and set back on the stove till oysters begin to ruffle. Season with salt and pepper and serve at once.

CRYSTALLIZED ORANGE-PEEL.

Take the peel of three oranges and cut in strips. Pour cold water over them and let come to a boil until the peel is tender. Take two cupfuls of sugar and one cupful of water and boil to a heavy syrup. Put orange peel in and cook until clear. Have a dish of granulated sugar, take peel from syrup and roll in sugar and place in sun to clarify. The syrup can be kept in a jar and used again.

ALABAMA BAKED BEANS.

If those who have never done so will try adding the juice of an orange or the grated pulp of a rather tart apple to the next dish of baked beans, they will find it a very delightful addition. They are made just as usual except that the apple or orange is added before putting into the oven to bake and a little more sugar or molasses than usual is added.

CANDIED POTATO.

Peel and slice thin two or three medium-sized potatoes or one large one. Put in a stewpan with enough water to cover. Cook till potatoes can be pierced with a straw, then pour in one cupful of sugar and cook till a thick syrup is formed and the potatoes have a clear look. Do not stir while cooking.

PEANUT WAFERS.

Beat to a cream one cupful of sugar and a half cupful of butter. Add three fourths of a cupful of milk, a teaspoonful of vanilla and two small cupfuls of flour sifted with a teaspoonful of baking powder. Butter the bottom of a dripping pan (outside) and spread the dough over it very thinly, using the blade of a knife dipped in cold water. Sprinkle thickly with chopped peanuts and bake. Do not let the cakes get too brown. As soon as done cut into squares and take from pan.

COCOANUT MACAROONS.

Sift together a scant cupful of flour



Good Embroidery
A Novel
Trimming Idea

Summer
Wrap Effectively
Trimmed
with Lace

and one of granulated sugar. Add two Roll into a sheet, cut in small flat cupfuls of best shredded cocoanut, mix cakes and bake in a moderate oven thoroughly and fold in the whites of until crisp and golden brown.—Della three eggs whipped to a stiff froth, cator.

Phone 1874, 1875, 1876, 1877, 1878, 1879, 1880, 1881, 1882, 1883, 1884, 1885, 1886, 1887, 1888, 1889, 1890, 1891, 1892, 1893, 1894, 1895, 1896, 1897, 1898, 1899, 1900, 1901, 1902, 1903, 1904, 1905, 1906, 1907, 1908, 1909, 1910, 1911, 1912, 1913, 1914, 1915, 1916, 1917, 1918, 1919, 1920, 1921, 1922, 1923, 1924, 1925, 1926, 1927, 1928, 1929, 1930, 1931, 1932, 1933, 1934, 1935, 1936, 1937, 1938, 1939, 1940, 1941, 1942, 1943, 1944, 1945, 1946, 1947, 1948, 1949, 1950, 1951, 1952, 1953, 1954, 1955, 1956, 1957, 1958, 1959, 1960, 1961, 1962, 1963, 1964, 1965, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975, 1976, 1977, 1978, 1979, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 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